The Rules of Ladder Ball

WHAT YOU'LL NEED TO PLAY LADDER BALL

LADDERS

In this game, you need two structures that have three different-colored rungs. These are typically spaced about 13 feet apart and serve as the targets. The ladders are often made from a hard plastic, metal or wood and most either break down or fold up for easy storage and portability.

BOLAS

Bolas are used for the toss aspect of the game. Made by attaching two golf ball-sized balls with a string or rope, you will need a total of six for the game. To distinguish between teams or players, there should be three bolas of one color and three of another.

LADDER BALL RULES

Set up the playing field so that there is 15 feet between the upright ladders. Take note that this measurement is from the base of the ladder and not the outstretched legs of the structure. If you do not have a tape measure handy, five paces will suffice.

To determine who goes first, flip a coin. The winner of the coin toss will then begin to toss their bolas. The goal of the game is to throw each bola at your opponent's ladder rungs and have them stick or wrap around the structure. Each player throws all three of their bolas before another player can go.

Players can get creative with their tosses, as long as they attempt to throw them in an underhand style and do not step in front of the ladder. Bounces can also count as an acceptable way to score, as long as you throw each bola individually.

LADDER BALL SCORING SYSTEM

Points are scored when a player's bola lands on one of the three rungs. The scoring is as follows:

• Top rung: 3 points
• Middle rung: 2 points
• Bottom rung: 1 point

Scores are tallied once all of the bolas have been thrown, and the player with the most points is given first throw in the following round. Knocking a bola off the ladder can be an effective defensive strategy. If you knock your opponent's bola off a rung, it will not count.

A winner is crowned when a player hits a score of 21 exactly. If a player goes over 21, the throws from that round do not count toward their total.